

TO HOPE AND ACT WITH CREATION

Season of Creation 2024 - 15 September



In his message, Pope Francis encourages "to live an incarnational faith, one that can enter into the suffering and hope-filled "flesh" of others; to join forces to help to rethink, "among other things, the question of human power, its meaning, and its limits; to extend harmony among humanity and to creation in the sense of responsibility for a humane and integral ecology, the path of salvation of our common home". With the assistance of the Holy Spirit seek to live "a life that becomes a song of love for God, for humanity, with and for creation, and that finds its fullness in holiness."



What are the greatest threats to the planet's resources?

- 1 The rapid growth in extraction of materials.
- 2 Climate change and the loss of biodiversity.
- 3 The exploitation of resources by multinational companies.
- 4 The increase of corporate power in the production of food.
- 5 The concentration of wealth in the hands of a privileged few.

Practical Actions:

- Refuse packaging – Avoid - Reduce - Re-use – Recycle - Up-cycle
- Switch to a reusable water bottle /travel cup.
- Use cloth bags for shopping; Bring/Use your own containers when possible.
- Refuse single use plastics such as cling film, straws, plastic cutlery.
- Reduce your consumption. Buy what you need.
- Buy local. Buy ethical.
Buy organic.
- Buy from companies with eco-friendly, sustainable and ethical practices
- Support Fair Trade products that are ethically and sustainably sourced



The Sisters of Saint Joseph of the Sacred Heart in collaboration with the Sisters of St Joseph Lochinvar have released a new community resource for the Season of Creation, September 1 to October 4.

The ***Urgent Hope Conversation Package*** resource is the first in a five-part series of conversation packages drawn from *Laudate Deum*, Pope Francis' document on the climate crisis. It includes a downloadable resource, providing prompts for discussion and reflection with a focus on the urgency of the climate crisis and the Christian virtue of hope. A Zoom webinar to complement the package will be offered on October 8 Download the [Urgent Hope Conversation Package](#) resource and register for the webinar on [Trybooking](#).